2009-01-03
Harrisonburg Daily News-Record

At the Monroe Institute in Faber, it doesn't matter what a person believes, Executive Director Paul Rademacher said. It is about experiences. In modest, dormitory-like rooms, beds are almost entirely enclosed behind walls to minimize outside distractions while participants use the group's "Hemi-Synch" technology. The group says that by receiving different tones through headphones, the two hemispheres of the brain start to work together, altering the states of consciousness.

"We don't have any dogma here. Anybody can come here with any belief. It doesn't matter to us. But we do ask them to at least consider the possibility that they might be more than a physical body," Rademacher said. "We don't tell them what that more is. That's up to them to discover. We just try to provide the context for that exploration to happen."